

## **Draper 1 - School Calendar**

**November 22, 2016**

Wednesday, November 30	All missing work MUST be turned in to earn Jeans Day Fri., Dec. 2
Wednesday, November 30	Classic Skating Night 3:30-8:00 pm-See attached flier and item below
Thursday, December 1	Show What You Know Assembly – 8:15 am Builder Award Assembly K-3rd grade in the MP room 4th – 6th grade in the Gym Park in the west parking lot to come in and join us. The southwest and southeast doors are open until 8:20 am.
Wednesday, November 30	All missing work MUST be turned in to earn Jeans Day Fri., Dec. 2
Thursday, December 1	5th grade Celebration Event 1:10-3:45 pm ALL 5th grade students must attend.
Friday, December 2	Jeans Day – This is for our students who have NO missing work
Thurs., Dec. 1 – Fri., Dec. 16	Food Bank Donation Drive

**Draper 1 Facebook Page:** <https://www.facebook.com/americanprepD1>

### **Dear American Prep Families –**

#### **November’s Builder Theme – “Showing Gratitude in Word and Deed”**

Saying “thank you” is a powerful positive force for good when we get in the habit of saying it to our family members, friends, neighbors, and co-workers! We can write a quick thank you note and it can make an amazing difference in someone’s life. We have challenged our students and their families to make an extra effort to express gratitude during the month of November. We hope you, as parents, have found some things to thank your children for this month!

We sometimes make the mistake that if we say “thank you” for something “normal”, our kids will conclude the wrong thing – but really we are just modeling healthy personal interactions when we say thanks to others for even the small things they do for us. Some examples could be “thank you for coming to breakfast on time” – or “thank you for putting your backpack in your room” – or “thank you for bringing me your learning plan”!

We all like to be thanked – it’s contagious! We hope you have heard many thanks in your homes this month.

#### **We CAN Care: APA’s Annual Donation Drive**



We CAN Care! Get ready for APA’s multi-campus annual donation drive. Every campus, every grade, and every classroom will be working together to fight hunger!

This year we’ll be gathering food items to benefit the **Utah Food Bank**.

The food bank provides **31.3 million meals** a year to help feed those in need right here in our own state! Let's show we care by making sure no one goes hungry this holiday season!

The donation drive kicks off Dec. 1<sup>st</sup> and continues through Dec. 16<sup>th</sup>. We accept CANS, boxes, or plastic-packaged food items. Please no glass, expired food, or perishable items.

### **Girls on the Run Coaches Needed!!**

APA is excited to be offering Girls on the Run (3rd-5th grade) and Heart and Soul (6th-8th grade) programs again this year. We are looking for volunteers to help coach. The session begins on February 20th and ends May 20th with a 5k at Sugar House Park. It will be held Thursdays from 2:45pm-4:45pm at Draper 1 campus.

If you have ever wanted to part of something amazing that empowers girls with tools to be successful in life all while having fun - this is the place for you!!!

Please contact Ashleigh Macomber (Head Coach)

801-502-9899

[ashleighmacomber@gmail.com](mailto:ashleighmacomber@gmail.com)

\*\*Keep watching the newsletter for information on registration for girls that want to participate. \*\*

## **3<sup>RD</sup> ANNUAL HOLIDAY FUNDRAISING CAMPAIGN**

As is tradition, American Preparatory Education Foundation is offering an opportunity to give your teachers a holiday gift AND make a donation to the bonus/compensation fund.

From Nov 28<sup>th</sup>-Dec 14<sup>th</sup>, for a \$5 minimum donation you can send a personalized holiday card and yummy treat to the teacher or staff member of your choice! Your student will be able to hand deliver the special gift and card directly to the recipient on Dec 19<sup>th</sup>.

All proceeds go directly to the APEF Staff Appreciation Fund for bonuses / compensation. More details are coming soon.

Gratefully,  
APEF Board of Directors

### **Parent-Student Handbook Highlight** **Holiday Celebrations**

We typically do not celebrate holidays, although we do acknowledge some of them (see below). We don't have class holiday parties, but instead we have fun culminating activities that go along with our units of study in history and science. Students often dress up, have food, and play games at these activities.

**Birthday Celebrations**—Teachers will most likely mention a student’s birthday during the school day of their birthday and have a special way of acknowledging that student. Parents may bring a treat for class members at lunchtime. This is not something that needs to be done, but if parents choose to that is acceptable. (Please see VII. Parent Involvement Policy: Birthdays and Other Events.)

**Thanksgiving Day**—We talk about being grateful (in word and deed) the whole month of November.

**Religious Holidays (Christmas, Kwanza, Hanukkah, Ramadan, Easter)**—We will talk about these holidays as part of the curriculum and to help students understand what others in our school are doing and experiencing. We may sing songs from any of these or other similar holidays in our choir classes as part of the curriculum.

## **FSO Information**

### **SAVE THE DATE!!**

APA Classic Fun Night Wednesday November 30th, 3:30-8p.m. This is a free event for you to take your family and enjoy roller-skating together with your fellow classmates.

Entry into Classic Skating is free, skate rental \$1.00, blades will be \$3.00 and scooters are \$3.00 to rent, as well. Or you may bring your own skates, blades or scooter. Classic Skating will also provide discounted activities and meals. Fun for the **WHOLE** family!! Come and join your friends.

## **Box Tops**

While you are *gobbling* up all your yummy holiday treats, **Remember** to *look* for **Box Tops** on all your favorite foods. There are so many **Box Top** products that go perfectly with holiday entertaining so ***keep clipping and send them*** in so your child's classroom can be the top Box Tops collector.

More information available at [www.boxtops4education.com](http://www.boxtops4education.com)



Where's the DoughBoy? Now through the end of December our little DoughBoy will be visiting the class with the most boxtops collected every week! Will you see him in your class?

## **HELP NEEDED!!**

### **Reading activity**

We are looking for volunteers to help with this year's reading activity! We are in the planning stages right now and will be putting our plans into action after winter break. This activity will go through the first week of February. If you need volunteer hours and would like to help with this fun event, contact our reading activity lead, Candice Farnsworth, at [cfarnsworth82@msn.com](mailto:cfarnsworth82@msn.com). Thank you!

### **Help Needed For The Staff Appreciation Door Decoration Committee**

First meeting will be held on **November 17** after the Assembly (about 8:45 am). This is a Mandatory

Door Decoration Committee meeting for all those interested in participating with this part of S.A.W. We will talk about the requirements of this FUN way to get volunteer hours.

If you have any questions, would like to help out, and missed the meeting, please contact Molly Jorgensen, [mollymjorgensen@gmail.com](mailto:mollymjorgensen@gmail.com)

Here is the link to the signup genius for Staff Appreciation Week Support Staff doors - <http://www.signupgenius.com/go/30e0f48aaac2da7fa7-sawweek>

### **School Lunch**

If you have any questions, please feel free to call our wonderful lunch specialist, Crystal Adamson [crystal.adamson@apamail.org](mailto:crystal.adamson@apamail.org) or call her at 801-553-8500, leave a message with our amazing office staff, and they will pass on your message.

December lunch menu is attached to this email version of our newsletter. ***PLEASE PLACE YOUR ORDER BEFORE THURSDAY, DECEMBER 1ST.***

### **Special Education Department**

If you believe your child may have a disability that is affecting them academically, and they would benefit from Special Education, please call Ms. Cuddy or Mrs. Beale at 553-8500 ext. 47.



### **Teaching Thankfulness**

You should be thankful for the things you have! There are children all over the world that don't have enough to eat. When I was a kid..."

If you're like me, you've probably heard yourself saying something like this to your kids. All of us experience "skill slippage" from time to time: Yes! We, Love and Logic guys, also have our not-so-great parenting moments.

Do our kids really learn life's most important lessons by being lectured? Thankfulness... like just about everything else... is learned via the Three E's of Love and Logic.

#### **Example**

Do we show our kids how thankful we are for what we have, or do they see us grumbling and complaining?

Kids need to witness us being sincerely thankful for the air we breathe, our health, making it home from work without having a car accident, the food we have, the water we drink, our family...

#### **Experience**

When the Pilgrims received assistance from their Native American friends and enjoyed their first successful crop, they experienced heartfelt thankfulness. Why? They'd first experienced the prospect of drowning at sea, severe hunger, illness, and the deaths of many of their

colony.

While we certainly don't advocate children facing this sort of pain, will they ever experience true thankfulness if they are given everything they want without having to wait or work for it?

### **Empathy**

Parents who use anger, lectures, threats, or punishment to coerce their children into being thankful, create resentment and rebellion instead.

Parents who demonstrate their genuine empathy and love... as they allow their children to learn sometimes uncomfortable lessons about humility and thankfulness... are far more likely to raise kids with an attitude of gratitude.

Enjoy your kids!

Thanks for reading! Our goal is to help as many families as possible. If this is a benefit, forward it to a friend.

Dr. Charles Fay