



Draper 1 - School Calendar

November 18, 2016

Saturday, November 19	Holiday Boutique at the Draper 2 campus 9:00 am – 1:00 pm
Wed., Nov. 23 – Fri., Nov. 25	Thanksgiving Break NO SCHOOL
Wednesday, November 30	Classic Skating Night 3:30-8:00 pm-See attached flier and item below
Thursday, December 1	Show What You Know Assembly – 8:15 am Builder Award Assembly K-3rd grade in the MP room 4th – 6th grade in the Gym Park in the west parking lot to come in and join us. The southwest and southeast doors are open until 8:20 am.
Wednesday, November 30	All missing work MUST be turned in to earn Jeans Day Fri., Dec. 2
Friday, December 2	Jeans Day – This is for our students who have NO missing work
Thurs., Dec. 1 – Fri., Dec. 16	Food Bank Donation Drive
Mon., Dec. 5-Fri., Dec. 9	1st-3rd grade Classroom Geography Bees
Tuesday, December 6	5th grade choir and 6th grade band and orchestra performance 6:00-7:00 pm Watch for more information to come.
Thursday, December 8	Show What You Know Assembly – 8:15 am Reading University Award Assembly K-3rd grade in the MP room 4th – 6th grade in the Gym Park in the west parking lot to come in and join us. The southwest and southeast doors are open until 8:20 am.
Thursday, December 8	6th grade Celebration Event 1:10-3:45 pm ALL 6th grade students must attend.
Wednesday, December 14	Early Release, GRADING DAY, 1st dismissal 12:15 pm Academic Extended Day 12:30 pm NO LUNCH SERVED-bring a nutritious snack
Thursday, December 15	4th – 6th grade Geography Bee 12:15 – 2:15 pm Gym
Wednesday, December 14	All missing work MUST be turned in to earn Jeans Day Fri., Dec. 16
Friday, December 16	Jeans Day – This is for students who have NO missing assignments.
Tuesday, December 20	Reading University Store
Wed., Dec. 21 – Mon., Jan. 2 Winter Break - NO SCHOOL	

Draper 1 Facebook Page: <https://www.facebook.com/americanprepD1>



Dear American Prep Families –

November’s Builder Theme – “Showing Gratitude in Word and Deed”

As November quickly comes to an end, we would like to take a moment to express our gratitude to all of you in our American Prep family. Thank you for all you do to make our school such a wonderful place to come each day. We are grateful for the efforts you make day in and day out to bring your students to school on time, to have them dressed for success, and ready to learn! Thank you for signing learning plans and helping with homework and practicing math facts with such dedication that you say them in your sleep! Thank you for your willingness to volunteer. Each of you brings something unique to our school community and we appreciate your generous gifts of time and talent. We could not do what we do without your enthusiasm and support. It is a privilege to teach your children and we are grateful for this opportunity you have given us. Thank you!

Test Data and School Report Cards Available

The 2016 School Report Cards are available on the American Prep website’s Parent Library under “Plans and Reports” (<http://www.americanprep.org/plans-and-reports/>). School Improvement Plans for our Title I Campuses will also be located at this site. If you have any questions regarding this data, feel free to contact your school administrators.

Thank you Master Hong!!

Master Hong owner of Family Tae Kwon Do located in So. Jordan, has spent the past 6 weeks teaching our 4th grade students, they were able to perform what they had learned in our Assembly this Thursday. What an amazing program it was!!

We are so lucky to have Master Hong come to our school and teach our students twice a year, Fall and Spring.

Master Hong is a true Builder in every sense of the word. Not only does he come in and teach our students for free, he also donates the proceeds from his classes that an APA student attends, back to APA. He wants our students to succeed and learn just as much as we do.

Please see the enclosed flier for more information on the upcoming class.

Mr. Hong....YOU ARE DYNAMITE!!!

Winter Coats

Fall is now upon us and we are seeing a lot of our students going out to recess without even a jacket on to keep them warm. Please make sure your students come to school with a jacket so they can go outside and enjoy some fun with their classmates.

Don’t forget your boots, gloves and scarves as well.

Please label your coats and jackets so we can make sure they find their way back home. ☺

We CAN Care: APA's Annual Donation Drive



We CAN Care! Get ready for APA's multi-campus annual donation drive. Every campus, every grade, and every classroom will be working together to fight hunger!

This year we'll be gathering food items to benefit the **Utah Food Bank**. The food bank provides **31.3 million meals** a year to help feed those in need right here in our own state! Let's show we care by making sure no one goes hungry this holiday season!

The donation drive kicks off Dec. 1st and continues through Dec. 16th. We accept CANS, boxes, or plastic-packaged food items. Please no glass, expired food, or perishable items.

Reading University

Students may read one grade level down, their current grade and all grade levels up. Students may also read one "free choice" book per term to count toward their Reading University requirements.

Please visit <http://apar.u.weebly.com> to see what books are at your student(s) grade level, RU news and to find current, printable lists.

Parent-Student Handbook Highlight

Holiday Celebrations

We typically do not celebrate holidays, although we do acknowledge some of them (see below). We don't have class holiday parties, but instead we have fun culminating activities that go along with our units of study in history and science. Students often dress up, have food, and play games at these activities.

Birthday Celebrations—Teachers will most likely mention a student's birthday during the school day of their birthday and have a special way of acknowledging that student. Parents may bring a treat for class members at lunch time. This is not something that needs to be done, but if parents choose to that is acceptable. (Please see VII. Parent Involvement Policy: Birthdays and Other Events.)

Thanksgiving Day—We talk about being grateful (in word and deed) the whole month of November.

Religious Holidays (Christmas, Kwanza, Hanukkah, Ramadan, Easter)—We will talk about these holidays as part of the curriculum and to help students understand what others in our school are doing and experiencing. We may sing songs from any of these or other similar holidays in our choir classes as part of the curriculum.

Highly Qualified Teachers

The USOE (Utah State Office of Education) sets standards to qualify teachers in the state of Utah to be highly qualified to teach. **All of the teachers at American Preparatory Academy are considered highly qualified to teach by the state of Utah (USOE qualified).**



At American Prep we hire the most capable people to do the best job for our students. The following teachers all meet the state's Highly Qualified requirements, but do not meet the Federal HQ requirements. We are required to report this to our parents each year, and we are happy to do so! Let us tell you a little about our amazing staff members!

Kami Bodily - (1st grade) received her Bachelor of Science Degree from Brigham Young University-Idaho with a major in Child Development. She has been teaching for seven years and is currently working on her teaching license through the ARL (Alternate Route to Licensure) program. Ms. Bodily comes from a family of educators. Her father taught Jr. High PE/Health and three sisters were elementary teachers. She loves working with the students and seeing them learn and grow each day.

Heather Johanson - (1st grade) received an Associates Degree in General Studies at Salt Lake Community College in 1993. It was then that she knew she wanted to teach children. Ms. Johanson began teaching for Challenger School in the pre-school and kindergarten programs and worked there for almost 15 years. She completed her Bachelor's Degree in Human Development and Family Studies, minored in Psychology, and did an emphasis in Child Life graduating on the Dean's List in 2009 from the University of Utah. This is her fourth year teaching for American Preparatory Academy.

Marla Oveson (1st grade) received her Associate of Science Degree at Snow College, and then transferred to USU to begin working on her Bachelor of Education. Before finishing her degree, she started working at a daycare with 2 year olds for 6 years before coming to work at APA. Ms. Oveson started as a Tutor for secondary education, and then moved to being an instructor 3 years ago. This year is her 4th year at APA and she is what is called the Teacher of Record while she finishes her last year at Western Governor's University. She will graduate in the spring with her Bachelor's Degree and will be certified to teach K-8. Ms. Oveson has wanted to be a teacher since the 1st grade and once she stepped into the classroom the first time as an instructor, she knew that was where she needed to be in life. Ms. Oveson loves working with students and seeing their eyes light up as they learn new things.

Anna Peterson (2nd grade) received her Bachelor of Arts Degree from the University of Utah in Communications. During college, she tutored students at East High School in writing. Anna comes from a family of teachers; both her parents are English teachers, 2 of her aunts teach elementary school, and now her sister also teaches. After graduating, she made the switch to teaching (a dream career for her). She worked as an instructor at WV2 for 1 year and has been teaching at Draper 2 for 2 years. This is her 3rd year in 2nd grade.

Kaley Shepherd (2nd grade) received her Bachelor's Degree in Speech Language Pathology and Audiology with a Minor in Business from Brigham Young University. After completing her studies she was a substitute teacher, para-educator and a speech language technician in Washington and Utah. Ms. Shepherd spent some time with a job in the finance industry while she pursued a cosmetology license. However, she always knew her path would lead her back to education. Ms. Shepherd loves being able to see students learn and grow through their school experiences. She continues to learn



things from her students and looks forward to a day when she is able to go back to continue her education and earn a master's degree.

Lauren Peterson, (3rd grade) received her Bachelor of Arts Degree from the University of Utah with a major in Communications and a minor in English. She tutored in essay writing during college, and she has also taught at the high school level. Lauren comes from a family of teachers, including a sister at American Preparatory Academy. Having a family of educators inspired Lauren to further her education and teach others to love books and learning. She is currently working on getting her teaching license.

Jeanna Shaw, (3rd grade) received her Bachelor's Degree from Utah State University in Interdisciplinary Studies. Education has always been important to her. Mrs. Shaw came to American Preparatory Academy for 8th and 9th grade. While in high school she earned her Associates Degree from Salt Lake Community College. Last year she worked at APA as an instructor and knew she wanted to be a teacher.

Michael Campbell (3rd grade) graduated from BYU-Idaho with a degree in Elementary Education. He then attended BYU where he earned an additional degree in Psychology. While in college, Mr. Campbell worked as a Research Assistant and a Teaching Assistant in the Biology and Psychology departments. He worked at the BYU counseling center for six years and the Head Start program for ten years. He was an Ad Hoc reviewer for the Journal of Clinical Psychology, is a published author, and has presented at several national conferences.

Rachael Quinney (4th grade) received her Bachelor of Arts from the University of Utah with a major in History. She has worked as a substitute teacher in Idaho and Utah. At another time she worked in the finance industry, but always knew she belonged in education. Ms. Quinney's love of books and learning has kept her actively pursuing a job in which she could share it with others. Ms. Quinney comes from a family of educators, including an elementary principal, a college professor and elementary teachers. She looks forward to the day when she can go back to school and get her master's degree. Ms. Quinney will be certified by the end of this current year.

Brittany Dahlin - (4th grade) received her Bachelor of Arts and Master of Arts Degrees from Brigham Young University in Art History in the Visual Arts Department. Ms. Dahlin studied the Italian language for four years at BYU and had an internship in a museum in Italy during her undergraduate studies. She taught secondary History at a charter school, and Art History at BYU during her graduate studies. Not long after graduation, she worked in a Museum in the Education department. Although Ms. Dahlin was working in what she thought was her dream job, she was jealous of all of the teachers in the school groups that came into the museum for tours. She yearned to be back in the classroom. Ms. Dahlin wishes to pursue a career in teaching because she finds joys in learning and empowering students to be passionate about learning.

Melissa J-Hansen - (5th grade) received her Bachelor's Degree in Family Life and Human Development from Brigham Young University. She paid for her education by working as a tutor for elementary students during the school year and as a nanny during the summer breaks. Her passion for



teaching extends into other areas such as yoga and dance. Both her mother and grandmother were teachers and passed on the desire to help all children succeed.

Eithne O'Donoghue - (5th grade) graduated from NUI (National University of Ireland), Galway, Ireland with a B. Sc. in Chemistry, Biochemistry and Statistics, and a Post Graduate Diploma in Analytical Science. She then worked in the Healthcare industry for eighteen years. During this time she continued to further her education and achieved accreditation in Microbiology, Immunology, Quality Management and Industrial Relations. She held the position of Quality Manager in a medical device company before moving from Ireland to Utah in 2011. Ms. O'Donoghue is currently studying for the Praxis 5001 test for her Charter Specific License. This is her fourth year at APA and her third year teaching fifth grade.

Nicole Hansen - (5th grade) received her Bachelor of Arts Degree from the University of California, Davis with a major in Linguistics and a minor in Chinese. She has worked as a substitute teacher in Utah's Chinese Immersion programs. A native of California, it wasn't until she arrived in Utah that she realized her passion was in elementary education. Originally a Chemistry major, Mrs. Hansen has an enthusiasm and love for the sciences that she is excited to share with her students. She looks forward to continuing her education and building her teaching skills through the Alternative Route to Education program.

Leslie Fallis - (6th grade, JH-HS Orchestra) studied Violin with Ivan Galamian for two years at The Juilliard School of Performing Arts, New York City, NY; and received a Bachelor of Music Degree in Violin Performance, CSU Fullerton. She performed with the Los Angeles Philharmonic for 12 years along with many other symphonic and chamber music organizations. Ms. Fallis earned a California Secondary Teaching Credential from Chapman University, Orange, CA, and also earned licensure and endorsement in Special Education from Utah State University, Logan. She has taught violin pedagogy for over 40 years and has taught both strings and vocal music in public schools since 1995. The Draper 2 Campus Advanced Orchestra has been invited to perform in Carnegie Hall this school year in June 2017. Ms. Fallis recently auditioned for and is now performing with the Salt Lake Symphony Orchestra, Section I Violin.

Melanie Morris - (6th grade) attended UC Riverside where she received a Bachelor of Arts Degree in English and History. She went on to attend Chapman University where she received her license to teach English in California. She spent a year teaching 10th grade honors and 11th grade English classes there. After moving to Utah, she obtained a credential to teach secondary English, but she fell in love with teaching 6th grade at APA. She is now attending school and has received her Level 1 license to teach elementary school.

If you have any questions about any of our amazing teachers and their qualifications, please feel free to contact Debra Davies, Administrative Director (ddavies@apamail.org).

FSO Information

SAVE THE DATE!!

APA Classic Fun Night Wednesday November 30th, 3:30-8p.m. This is a free event for you to take

your family and enjoy roller-skating together with your fellow classmates.

Entry into Classic Skating is free, skate rental \$1.00, blades will be \$3.00 and scooters are \$3.00 to rent as well. Or you may bring your own skates, blades or scooter. Classic Skating will also provide discounted activities and meals. Fun for the WHOLE family!! Come and join your friends.

Box Tops

While you are *gobbling* up all your yummy holiday treats, **Remember** to *look* for **Box Tops** on all your favorite foods. There are so many **Box Tops** products that go perfectly with holiday entertaining so *keep clipping and send them* in so your child's classroom can be the top Box Tops collector.

More information available at www.boxtops4education.com



Where's the DoughBoy? Now through the end of December our little DoughBoy will be visiting the class with the most boxtops collected every week! Will you see him in your class?

HELP NEEDED!!

Reading activity

We are looking for volunteers to help with this year's reading activity! We are in the planning stages right now and will be putting our plans into action after winter break. This activity will go through the first week of February. If you need volunteer hours and would like to help with this fun event, contact our reading activity lead, Candice Farnsworth, at cfarnsworth82@msn.com. Thank you!

Help Needed For The Staff Appreciation Door Decoration Committee

First meeting will be held on **November 17** after the Assembly (about 8:45 am). This is a Mandatory Door Decoration Committee meeting for all those interested in participating with this part of S.A.W. We will talk about the requirements of this FUN way to get volunteer hours.

If you have any questions, would like to help out, and missed the meeting, please contact Molly Jorgensen, mollymjorgensen@gmail.com

Here is the link to the signup genius for Staff Appreciation Week Support Staff doors - <http://www.signupgenius.com/go/30e0f48aac2da7fa7-sawweek>

School Lunch

If you have any questions, please feel free to call our wonderful lunch specialist, Crystal Adamson crystal.adamson@apamail.org or call her at 801-553-8500, leave a message with our amazing office staff, and they will pass on your message.

The new lunch menu for December will be attached to the electronic copy of this newsletter.



Special Education Department

If you believe your child may have a disability that is affecting them academically, and they would benefit from Special Education, please call Ms. Cuddy or Mrs. Beale at 553-8500 ext. 47.

Draper 2 Holiday Boutique

The Draper 2 campus will be holding its 1st Annual Holiday Boutique fundraiser THIS Friday, November 18 (5-8pm) and Saturday, November 19 (9am-1pm). There are more than 40 local businesses and artisans participating as vendors. Please come out and support these local businesses and artisans.

The Draper 2 band will be holding a bake sale, the orchestra is selling items to fund their trip to Carnegie Hall, and a food truck will be on-site each day (Blake's Gourmet on Friday evening and La Table Crepes on Saturday). We will also have face painting.

Rey and Darth Vader from Star Wars will be making an appearance from 5:30 to 7:00 Friday evening. Santa and Mrs. Claus will be there Saturday morning from 10:00 to noon. Get your photo with Santa and Mrs. Claus for just \$5.

For more information go to <https://www.facebook.com/events/197170974057252/>. Thank you for your support!





Need Solutions? Call 800-338-4065



Love and Logic

Insider's Club

Don't Try to Reason When Upset

Are you reasonable when you're upset? Most of us find that we can be fair and reasonable just about any other time EXCEPT when we are angry, hurt, or frustrated. At that point, our biochemistry puts us into survival mode where all we can think about is fighting or fleeing.

Have you ever been upset and said to someone, "I better stop before I say something I don't mean?" We instinctively know that we get foolish when we get angry. So why do we choose to have so many conversations about important things when one or more of the other parties are drunk on emotion?

As a foster parent, Candace lived in fear that she would one day lose her cool and say something unkind to one of her foster kids. Thankfully, she worked on this skill often.

Some people find that they have better luck deferring intense conversations when they **practice** their way out in advance. If, before the confrontation, we repeat in our minds (or out loud if nobody's watching): "I have better discussions when everybody is calm. I'll be happy to discuss this later. Thanks."

Of course, it's wise to choose words that best suit our personality and that flow with maximum ease and sincerity. The key is to know our "escape route" in advance and using it if *either* party gets too upset to use the "smart" part (cortex) of their brains.

Candace became fond of "Respect you too much to fight with you" when her drama-addicted foster daughter tried to engage her in arguments. Even with "doozies" like "I hate it here!" and "You're mean!" after about three attempts, the frustrated teenager would usually march away in a huff, eager to find somebody else to argue with.

Later, when both were calm and doing their best thinking, apologies, forgiveness, and laughter flowed.

It is amazing how much smarter **other** people can get with the passage of time. Some even find that their OWN parents get smarter if enough years pass.

Thanks for reading! Our goal is to help as many families as possible. If this is a benefit, forward it to a friend.

Jedd Hafer